

Saint Spyridon Greek Orthodox Cathedral



SAINT BLAISE

Bishop of Sebaste

February 10, 2019

St. Spyridon Greek Orthodox Cathedral

Church Office 508-791-7326 Mon.-Fri.: 9:00 a.m.-5:00 p.m

www.spyridoncathedral.org

Reverend Doctor Dimitrios Moraitis - Dean

Reverend Father Nicholas Livingston - Associate Priest

Reverend Father Dean N. Paleologos - Dean Emeritus

Reverend Deacon Andrew Giourelis

George Gourousis- Parish Council President

Email - frdimitrim@gmail.com



Metropolis of Boston



WELCOME!

Welcome to the Saint Spyridon Cathedral in Worcester, Massachusetts. We are honored that you have chosen to worship with us today. It is our hope that your visit here will bring you many blessings from God. Our Church Family worships the Holy Trinity (Father, Son, and Holy Spirit) and every Sunday, the Lord's Day, we commemorate the Resurrection of Jesus Christ. Our mission is to live the Holy Gospel in accordance with the Orthodox Faith; towards sanctification through God's grace in worship, the Divine Liturgy and the Sacraments: glorifying God through all joys and struggles; and as a Church Community, in Christian love, we seek to do His will so that through His mercy, we may attain His Kingdom. We are blessed to have the slippers of St. Spyridon, which are located in a reliquary at the front-left of the Church; please be sure to venerate them. Also, please be reminded that one must be an Orthodox Christian in order to receive Holy Communion. Be sure to tell us if you are visiting or if you are new to our community. If you would like more information about embracing the Orthodox Faith, please see Father Dimitrios or Father Nicholas after the Divine Liturgy concludes. We pray you have a blessed day and that you visit with us again soon.

February 10, 2019 - Sunday of the Canaanite **10 Φεβρουαρίου, 2019 - Κυριακή της Χαναanaίας**

MEMORIALS

Mary Angelis - 40 days

Nikolla Beka - 40 days

Thomas Economou - 40 days

Helen Pappas - 40 days

Arthur Athanasios Tsongalis - 40 days

Sofia Economou - 1 yr

George A. Angelis - 8 yrs

TRISAGIA

Pantelis Primikirios - 40 days

Eirini Ventzos - 40 days

Olga Papakosta - 2 yrs

Theodoros Tembenis - 2 yrs

Nicholas Ventzos - 20 yrs

SUNDAY SERVICES

Orthros 8:30am

Divine Liturgy 9:45am

ALTAR FLOWERS

Altar flowers are donated in loving memory of Thomas Economou by his family, of Sofia Economou by the Archie Economou, Chaplain, & Kaloudis families, of Theodoros Tembenis by his family, and of Nikolla Beka by his family

SAINTS OF THE DAY

Haralambos the Hieromartyr

ΑΓΙΟΙ ΤΗΣ ΗΜΕΡΑΣ

Χαραλάμπος Ἱερομάρτυς

HAPPY NAMEDAY

Haralambos, Harry

COFFEE HOUR

Coffee Hour is sponsored in loving memory of Helen Pappas by her daughter Maria, of Sofia Economou by the Archie Economou, Chaplain, & Kaloudis families, of Theodoros Tembenis by his family, and of Nikolla Beka by his family

Εισοδικά

Απολυτίκιον

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

Του Αγίου Χαράλαμπου

Ὡς στύλος ακλόνητος, τῆς Εκκλησίας Χριστοῦ, καὶ λύχνος αείφωτος τῆς οἰκουμένης σοφέ, ἐδείχθης Χαράλαμπες, ἐλάμπας ἐν τῷ κόσμῳ, διὰ τοῦ μαρτυρίου, ἔλυσας τῶν εἰδώλων, τὴν σκοτόμαιναν μάκαρ, διό ἐν παρρησία Χριστῷ, πρέσβευε σωθῆναι ἡμας.

Για τα Μνυμόσηνα

Μνήσθητι Κύριε ὡς ἀγαθὸς τῶν δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτῶν, συγχώρησον, οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τοὺς μεταστάσι δούναι τὴν ἀνάπαυσιν.

Του Αγίου Σπυρίδωνος

Τῆς Συνόδου τῆς πρώτης ἀνεδείχθης υπέρμαχος, καὶ θαυματουργὸς Θεοφόρε, Σπυρίδων Πατὴρ ἡμῶν, διο νεκρὰ σὺ ἐν τάφῳ προσφωνεῖς, καὶ ὄφιν εἰς χρυσοῦν μετέβαλες, καὶ ἐν τῷ μέλλειν τας ἀγίας σου εὐχάς, Ἀγγέλους ἐσκες συλλειτουργούντας σοι Ἱερώτατε, Δόξα τῷ σε δοξάσαντι, δόξα τῷ σε στεφανώσαντι, δόξα τῷ ἐνεργούντι διὰ σου πάσιν ἰάματα.

Κοντάκιον

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδης ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶς κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα ἀεὶ, Θεοτόκε, τῶν τιμώντων σε.

Entrance Hymns

Apolytikion

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

Saint Haralambos

O wise Haralambos, you were proven an unshakable pillar of the Church of Christ; an ever-shining lamp of the universe. You shone in the world by your martyrdom. You delivered us from the moonless night of idolatry O blessed one. Wherefore, boldly intercede to Christ that we may be saved.

For the Memorials

Remember, O Lord, as You are good, Your Servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Saint Spyridon

At the First Synod you were manifest as a champion, and a wonder-worker, our God-bearing Father Spyridon. Wherefore, you spoke to one dead in the tomb, and a serpent you changed into gold. And while chanting your sacred services, you had angels celebrating with you, O most holy one. Glory to Him who glorified you! Glory to Him who crowned you! Glory to Him who through you works healings for everyone.

Kontakion

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Ο ΑΠΟΣΤΟΛΟΣ

*Εὐφρανθήσεται δίκαιος ἐν Κυρίῳ.
Στίχ. Εἰσάκουσον, ὁ Θεός, τῆς φωνῆς μου.*

Πρὸς Τιμόθεον β' 2:1-10

Τέκνον Τιμόθεε, ἐνδυναμοῦ ἐν τῇ χάριτι τῇ ἐν Χριστῷ Ἰησοῦ. Καὶ ἃ ἤκουσας παρ' ἐμοῦ διὰ πολλῶν μαρτύρων, ταῦτα παράθου πιστοῖς ἀνθρώποις, οἵτινες ἱκανοὶ ἔσονται καὶ ἑτέρους διδάξαι. Σὺ οὖν κακοπάθησον ὡς καλὸς στρατιώτης Ἰησοῦ Χριστοῦ. Οὐδεὶς στρατευόμενος ἐμπλέκεται ταῖς τοῦ βίου πραγματείαις, ἵνα τῷ στρατολογήσαντι ἀρέση. Ἐὰν δὲ καὶ ἀθλῆ τις, οὐ στεφανοῦται ἐὰν μὴ νομίμως ἀθλήσῃ. Τὸν κοπιῶντα γεωργὸν δεῖ πρῶτον τῶν καρπῶν μεταλαμβάνειν. Νόει ἃ λέγω· δόξη γάρ σοι ὁ κύριος σύνεσιν ἐν πᾶσιν. Μνημόνευε Ἰησοῦν Χριστὸν ἐγηγερμένον ἐκ νεκρῶν, ἐκ σπέρματος Δαβὶδ, κατὰ τὸ εὐαγγέλιόν μου· ἐν ᾧ κακοπαθῶ μέχρι δεσμῶν, ὡς κακοῦργος· ἀλλ' ὁ λόγος τοῦ θεοῦ οὐ δέδεται. Διὰ τοῦτο πάντα ὑπομένω διὰ τοὺς ἐκλεκτούς, ἵνα καὶ αὐτοὶ σωτηρίας τύχωσιν τῆς ἐν Χριστῷ Ἰησοῦ, μετὰ δόξης αἰωνίου.

THE EPISTLE

*The righteous shall rejoice in the Lord.
Verse: Oh God, hear my cry.*

St. Paul's Second Letter to Timothy 2:1-10

Timothy, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hardworking farmer who ought to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything.

Remember Jesus Christ, risen from the dead, descended from David, as preached in my gospel, the gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Ἐκ τοῦ Κατὰ Ματθαῖον

15:21-28

Τῷ καιρῷ ἐκείνῳ, ἐξελθὼν ἐκεῖθεν ὁ Ἰησοῦς ἀνεχώρησεν εἰς τὰ μέρη Τύρου καὶ Σιδῶνος. καὶ ἰδοὺ γυνὴ Χαναναία ἀπὸ τῶν ὀρίων ἐκείνων ἐξεληλυθούσα ἐκράυαζεν αὐτῷ λέγουσα· ἐλέησόν με, Κύριε, υἱὲ Δαυῖδ· ἡ θυγάτηρ μου κακῶς δαιμονίζεται. ὁ δὲ οὐκ ἀπεκρίθη αὐτῇ λόγον. καὶ προσελθόντες οἱ μαθηταὶ αὐτοῦ ἠρώτων αὐτὸν λέγοντες· ἀπόλυσον αὐτήν, ὅτι κράζει ὀπισθεν ἡμῶν. ὁ δὲ ἀποκριθεὶς εἶπεν· οὐκ ἀπεστάλην εἰ μὴ εἰς τὰ πρόβατα τὰ ἀπολωλότα οἴκου Ἰσραὴλ. ἡ δὲ ἐλθοῦσα προσεκύνησεν αὐτῷ λέγουσα· Κύριε, βοήθει μοι. ὁ δὲ ἀποκριθεὶς εἶπεν· οὐκ ἔστι καλὸν λαβεῖν τὸν ἄρτον τῶν τέκνων καὶ βαλεῖν τοῖς κυναρίοις. ἡ δὲ εἶπε· ναί, Κύριε· καὶ γὰρ τὰ κυνάρια ἐσθίει ἀπὸ τῶν ψυχίων τῶν πιπτόντων ἀπὸ τῆς τραπέζης τῶν κυρίων αὐτῶν. τότε ἀποκριθεὶς ὁ Ἰησοῦς εἶπεν αὐτῇ· ὦ γύναι, μεγάλη σου ἡ πίστις! γενηθήτω σοι ὡς θέλεις. καὶ ἰάθη ἡ θυγάτηρ αὐτῆς ἀπὸ τῆς ὥρας ἐκείνης.

THE HOLY GOSPEL

The Gospel According to

Matthew 15:21-28

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But he did not answer her a word. And his disciples came and begged him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." And he answered, "It is not fair to take the children's bread and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their master's table." Then Jesus answered her, "O woman, great is your faith! Be it done for you as you desire." And her daughter was healed instantly.

FASTING / ΝΗΣΤΕΙΑ

This week we continue our normal fasting schedule, refraining from meat and dairy products on Wednesday and Friday.

ANNOUNCEMENTS

HOLY TRINITY

Holy Trinity has an opening for the **DIRECTOR OF HUMAN RESOURCES**. Among the responsibilities/qualifications are: extensive HR experience, preferably in healthcare; recruiting staff; resolving staff disputes; and payroll. If you or someone you know is interested, please contact **Jerry Shaffer**, the Administrator of Holy Trinity, at 508-852-1000.

JOIN THE RESIDENTS for a **Valentine's Day Social** on Thursday, February 14th at 2:30 p.m. **ALSO**, there will be a **music concert with Jeff Thomas** on Wednesday, February 13th at 6:15 p.m. *Families and friends are always invited!*

MEDICARE/MEDICAID? CONFUSED? Most people in nursing homes eventually qualify for assistance from the Government Medicaid program to help pay for the care they need. Unlike Medicare, Medicaid will cover a long term stay in a nursing home. But Medicaid requires that a person only have limited income and assets before it will start to pay for care. This means that a nursing home resident has to "spend down" their available income and assets before Medicaid will help pay for their nursing home costs.

REMEMBER TO RESPOND to the **TREASURED GENERATIONS** appeal. You may donate directly by phone or through our website: www.htnr.net/donate. *Help make Holy Trinity the kind of place that we know every home should be.*

HOLY TRINITY PROVIDES: short-term rehab, long-term care, hospice and respite service. Services include: physical therapy, occupational therapy, speech therapy, nutritional therapy, IV therapy and wound care management. There are: recreational activities, weekly Liturgy, on sight beauty salon and home style dining. Should you or a loved one have a need for any of these services, or if you have any questions about these for future planning, please contact: **Nicole Couture**, Director of Admissions, at: 781-249-5563.

DIVINE LITURGY is celebrated every Wednesday morning at 9:30am. Please always keep Holy Trinity Nursing Home, it's staff, directors, residents, and families in your prayers. And remember: you can always visit!

NEVER FORGET: Holy Trinity Nursing and Rehabilitation Center is an Orthodox Charity and relies on your donations to continue its mission of providing the best care possible.

AMAZON SMILE DONATIONS

We would like to announce that St. Spyridon Cathedral now has an Amazon Smile account. What does this mean? It means that anyone who makes purchases on Amazon can automatically donate to our cathedral for free!! If you have an Amazon account please select St. Spyridon Cathedral as the charity of choice to be the beneficiary of this FREE donation!! You are able to register donations at smile.amazon.com TODAY!

EMAIL LIST

We send out weekly emails and important announcements to our email listserv. If you do not receive these emails, please contact Fr. Nicholas Livingston and he will add you to the list.

MBC
METROPOLIS of BOSTON CAMP
WBC
2019 GOYA

Winter Camp

PRESIDENTS' DAY WEEKEND
FEBRUARY 15 - 18

Join Us For

FELLOWSHIP

WINTER ACTIVITIES

CULTURE

FAITH

CAMP WIDE
ACTIVITIES

CABIN SESSIONS

SUNDAY SKI OUTING TO PAT'S PEAK!

Register Today!

www.metropolisofbostoncamp.org

St. Spyridon Cathedral
Sunday School

Presents



Donuts with Daddy

&

Muffins with Mommy



"Donuts with Daddy" and "Muffins with Mommy" is an opportunity for you to spend time with your child and see what they are learning in Sunday School. Each week grades will alternate so parents have a chance to be with each of their children.

Schedule for the month of January/February with Daddy:

~~February 3 2nd, 3rd and 9-12th grades~~

February—March with Mommy:

February 10 7th & 8th

February 25th N1&N2 and 6th and 7th grades

March 3rd Kindergarten and 8th grade

March 10th 2nd, 3rd and 9-12th grades

Have a wonderful time sharing this moment with your children!

NOTE: if a parent is unable to attend, a Grandparent or Godparent can attend instead.



ΨΥΧΟΣΑΒΒΑΤΟΝ
SATURDAY OF THE SOULS



1st Saturday of Souls

Saturday, March 2nd, 2019

Orthros 8:45am

Divine Liturgy 9:45am

2nd Saturday of Souls

Saturday, March 9th, 2019

Orthros 8:45am

Divine Liturgy 9:45am

3rd Saturday of Souls

Saturday, March 16th, 2019

Orthros 8:45am

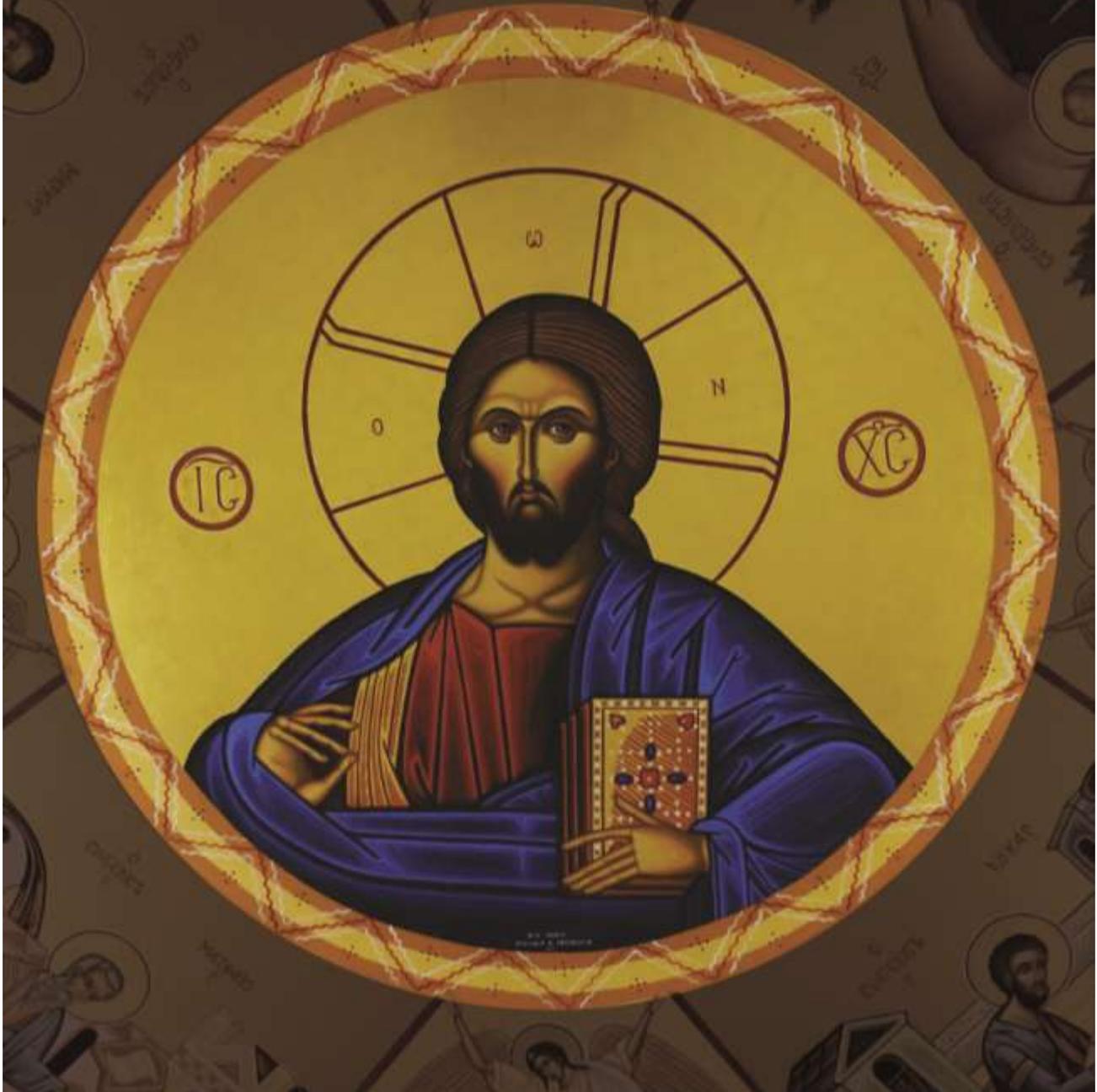
Divine Liturgy 9:45am

Please bring the names of your deceased loved ones to church be read in the memorial service at the end of the Divine Liturgy.

You are also encouraged to bring koliva in memory of your loved ones.

Stewards of the Faith

All Things are Possible to the
One Who Believes in Christ



Your stewardship packets have been mailed out, please prayerfully consider what you can give to Christ and his church for the upcoming year. May our Lord repay your earthly sacrifices with spiritual blessings.

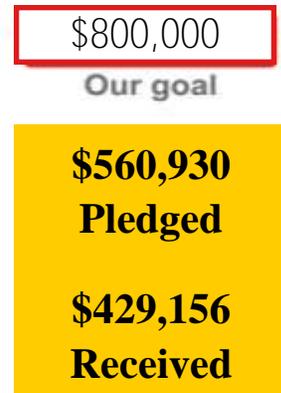
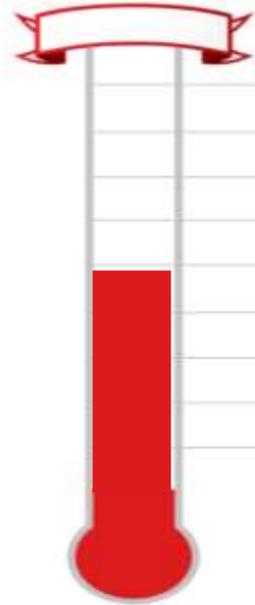


ST. SPYRIDON GREEK ORTHODOX CATHEDRAL BURN THE MORTGAGE CAMPAIGN

Family Center Renovation

Burn the Mortgage Contribution Chart

3 Year Pledge Amount	Annually	Monthly
\$15,000	\$5,000	\$416
\$3,000	\$1,000	\$83
\$1,000	\$333	\$28



Thank You!

Burn the Mortgage Committee

Rev. Dr. Dimitrios Moraitis, *Dean*

Demitrios Moschos, *Chairman*

Georgia Parafestas, *Parish Council Advisor & Co-Chair*

Dr. Matthew Panagiotu, *Co-Chair*

Janice Dionis

Michael Dionis

George Fotiades

George Gourousis

Celeste Moschos

Nicholas Paleologos

**Total Cost of Family Center
Renovation \$4,100,000**

**Total raised by our community during
first fund drive \$2,650,000**

Original Mortgage \$1,450,000

**It's not too late to donate to the Burn the Mortgage
Campaign!**

**The Angel Board construction honoring those who have
contributed to these efforts is in place and will be
completed soon!**

THE PRIEST-MARTYR BLAISE

Much of what we know about many of the saints of the early Church has been handed down to us in the form of oral tradition. Because little, if anything, was set down in writing concerning their spiritual accomplishments, it is not surprising that many legends and folklore developed through the ages concerning certain saints.

Such is the case with Priest-Martyr Blaise. Early Christian writers hardly make mention of him. Still, he remains a popular saint due to some fascinating stories that have somehow been connected with his life.

We do know that Blaise was the Bishop of Sebaste in Armenia in the 4th century. When the persecution of Christians became great in his city, Blaise fled to the protection of a cave in the nearby mountains. Tradition tells us that Blaise was actually a physician prior to becoming a hierarch of the Church. It is said that wild beasts would come to his cave to be treated for their various wounds and injuries. Blaise's love for animals, however, led to his ultimate martyrdom. Agricolaus, the Roman governor of the region, had sent his hunters into the hills to find game for him. It was then that they discovered the hiding place of the saintly bishop and brought him back to Sebaste, where he was tortured and imprisoned. Another legend has it that on the way back to Sebaste, Blaise helped a young boy who had a bone stuck in his throat. Because of this, he is looked upon by the Western Church as the "Patron Saint of sore throats." After enduring terrible beatings, Blaise was put to death by beheading in 316 A.D.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

2019 STEWARDSHIP REPORT

WEEK	2019 TOTAL	PLEDGES RECEIVED	AVERAGE \$ PER PLEDGE	*GOAL STEWARDSHIP BUDGET
6	\$ 49,128.85	113	\$434.76	\$300,000.00

Our operating budget would require that each family contribute \$1,000 in order to meet our operating expenses.

*Goal amount includes the 2019 Stewardship Budget Receipts of \$300,000.00.

Funds reflect all monies received in 2019.

We suggest budgeting your Stewardship contribution as you would your monthly home expenses.

Our Cathedral must meet the financial needs of its ministries and annual operating budget by way of our Christian Stewardship Program. It is everyone's responsibility to accept this honor and support our role as a Contributing Steward. Please pledge the Required Stewardship Contribution now, if you have not done so.

May God continue to bless the work of your hands.