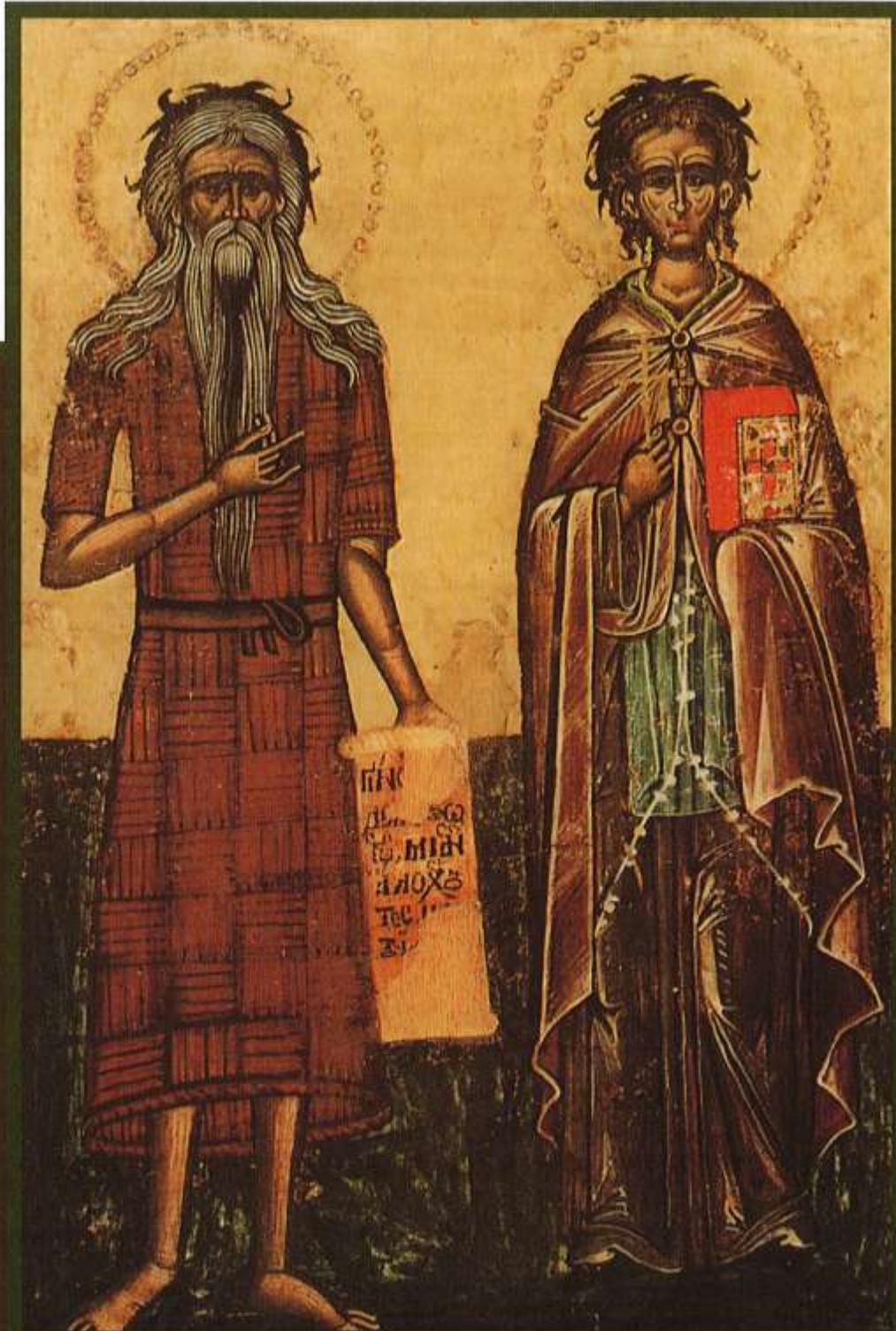


Saint Spyridon Greek Orthodox Cathedral



SAINT PAUL
OF THEBES

SAINT JOHN
THE HUT-DWELLER

January 13, 2019

St. Spyridon Greek Orthodox Cathedral

Church Office 508-791-7326 Mon.-Fri.: 9:00 a.m.-5:00 p.m

www.spyridoncathedral.org

Reverend Doctor Dimitrios Moraitis - Dean

Reverend Father Nicholas Livingston - Associate Priest

Reverend Father Dean N. Paleologos - Dean Emeritus

Reverend Deacon Andrew Giourelis

Georgia Parafestas - Parish Council President

Email - frdimitrim@gmail.com



Metropolis of Boston



WELCOME!

Welcome to the Saint Spyridon Cathedral in Worcester, Massachusetts. We are honored that you have chosen to worship with us today. It is our hope that your visit here will bring you many blessings from God. Our Church Family worships the Holy Trinity (Father, Son, and Holy Spirit) and every Sunday, the Lord's Day, we commemorate the Resurrection of Jesus Christ. Our mission is to live the Holy Gospel in accordance with the Orthodox Faith; towards sanctification through God's grace in worship, the Divine Liturgy and the Sacraments: glorifying God through all joys and struggles; and as a Church Community, in Christian love, we seek to do His will so that through His mercy, we may attain His Kingdom. We are blessed to have the slippers of St. Spyridon, which are located in a reliquary at the front-left of the Church; please be sure to venerate them. Also, please be reminded that one must be an Orthodox Christian in order to receive Holy Communion. Be sure to tell us if you are visiting or if you are new to our community. If you would like more information about embracing the Orthodox Faith, please see Father Dimitrios or Father Nicholas after the Divine Liturgy concludes. We pray you have a blessed day and that you visit with us again soon.

January 13, 2019 - Sunday after Theophany **13 Ιανουαρίου, 2019 - Κυριακή Μετά τα Φώτα**

MEMORIALS

Argyrios Bezas - 40 days

Athena Petsas - 6 month

George Panagiotidis - 3 years

TRISAGIA

Andreas Economou & Andromahi

Economou - 1 year

Ioannis Alexiadis - 18 year

Amaria Alexandrou - 20 years

Rodi Alexiadis - 31 years

SUNDAY SERVICES

Orthros 8:30am

Divine Liturgy 9:45am

WEEKDAY SERVICES

Orthros 8:30am

Divine Liturgy 9:30am

Anthony the Great

Thursday, Jan 17th

Athanasios & Cyril

Friday, Jan 18th

SAINTS OF THE DAY

Martyrs Hermylos & Stratonikos

ΑΓΙΟΙ ΤΗΣ ΗΜΕΡΑΣ

Έρμυλος & Στρατόνικος

Μαρτύρων

HAPPY NAMEDAY

John, Ioannis, Joanna

ALTAR FLOWERS

Altar Flowers are donated in loving memory of George Panagiotidis, Ioannis Alexiadis, & Rodi Alexiadis by the family, of Athena Petsas by her family, of Amaria Alexandrou by the Dean Alexandrou family

Εισοδικά

Απολυτίκιον

Ἐξ ὕψους κατήλθες ὁ εὐσπλαγχνος, ταφήν καταδέξω τριήμερον, ἵνα ἡμᾶς ἐλευθερώσης τῶν παθῶν. Ἡ ζωὴ καὶ ἡ Ἀνάστασις ἡμῶν, Κύριε δόξα σοι.

Ἡ Θεοφανία

Ἐν Ἰορδάνῃ βαπτιζομένου σου Κύριε, ἡ τῆς Τριάδος ἐφανερῶθη προσκύνησις, τοῦ γὰρ Γεννήτορος ἡ φωνὴ προσεμαρτύρει σοί, ἀγαπητὸν σὲ Υἱὸν ὀνομάζουσα, καὶ τὸ Πνεῦμα ἐν εἶδει περιστεράς, ἐβεβαίῳ τοῦ λόγου τὸ ἀσφαλές. Ὁ ἐπιφανεῖς Χριστὲ ὁ Θεός, καὶ τὸν κόσμον φωτίσας δόξα σοί.

Για τα Μνυμόσηνα

Μνήσθητι Κύριε ὡς αγαθός των δούλων σου, καὶ ὅσα ἐν βίῳ ἡμαρτων, συγχώρησον, οὐδεὶς γὰρ ἀναμάρτητος, εἰ μὴ Σὺ ὁ δυνάμενος, καὶ τοὺς μεταστάσι δούναὶ τὴν ἀνάπαυσιν.

Του Αγίου Σπυρίδωνος

Τῆς Συνόδου τῆς πρώτης ἀνεδείχθης υπέρμαχος, καὶ θαυματουργός Θεοφόρε, Σπυρίδων Πατὴρ ἡμῶν, διὸ νεκρά σὺ ἐν τάφῳ προσφωνεῖς, καὶ ὄφιν εἰς χρυσὸν μετέβαλες, καὶ ἐν τῷ μέλπειν τὰς αγίας σου εὐχὰς, Ἀγγέλους ἐσκες συλλειτουργούντας σοὶ ἱερώτατε, Δοξά τῷ σε δοξάσαντι, δόξα τῷ σε στεφανώσαντι, δόξα τῷ ἐνεργούντι διὰ σου πάσιν ἰάματα.

Κοντάκιον

Ἐπεφάνης σήμερον τῇ οἰκουμένη, καὶ τὸ φῶς σου Κύριε, ἐσημειώθη ἐφ' ἡμᾶς, ἐν ἐπιγνώσει ὑμνούντάς σε. Ἦλθες ἐφάνης τὸ Φῶς τὸ ἀπρόσιτον.

Entrance Hymns

Apolytikion

From on high You descended, O Compassionate One; You submitted to burial for three days so that You might free us from our passions. O our Life and Resurrection, Lord, glory to You.

Theophany

Lord, when You were baptized in the Jordan, the veneration of the Trinity was revealed. For the voice of the Father gave witness to You, calling You Beloved, and the Spirit, in the guise of a dove, confirmed the certainty of His words. Glory to You, Christ our God, who appeared and enlightened the world.

For the Memorials

Remember, O Lord, as You are good, Your servants, and forgive every sin they have committed in this life. For no one is sinless except You, Who have power to grant rest to those who have fallen asleep.

Saint Spyridon

At the First Synod you were manifest as a champion, and a wonder-worker, our God-bearing Father Spyridon. Wherefore, you spoke to one dead in the tomb, and a serpent you changed into gold. And while chanting your sacred services, you had angels celebrating with you, O most holy one. Glory to Him who glorified you! Glory to Him who crowned you! Glory to Him who through you works healings for everyone.

Kontakion

You appeared to the world today, and Your light, O Lord, has left its mark upon us. With fuller understanding we sing to You: "You came, You were made manifest, the unapproachable light."

Ο ΑΠΟΣΤΟΛΟΣ

*Γένοιτο, Κύριε, τὸ ἔλεός σου ἐφ' ἡμᾶς.
Στίχ. Ἀγαλλιᾶσθε δίκαιοι ἐν Κυρίῳ*

Πρὸς Ἐφεσίους 4:7-13

Ἀδελφοί, ἐνὶ ἐκάστῳ ἡμῶν ἐδόθη ἡ χάρις κατὰ τὸ μέτρον τῆς δωρεᾶς τοῦ Χριστοῦ. Διὸ λέγει, Ἀναβὰς εἰς ὕψος ἠχμαλώτευσεν αἰχμαλωσίαν, καὶ ἔδωκεν δόματα τοῖς ἀνθρώποις. Τὸ δέ, Ἀνέβη, τί ἐστὶν εἰ μὴ ὅτι καὶ κατέβη πρῶτον εἰς τὰ κατώτερα μέρη τῆς γῆς; Ὁ καταβάς, αὐτός ἐστιν καὶ ὁ ἀναβάς ὑπεράνω πάντων τῶν οὐρανῶν, ἵνα πληρώσῃ τὰ πάντα. Καὶ αὐτὸς ἔδωκεν τοὺς μὲν ἀποστόλους, τοὺς δὲ προφήτας, τοὺς δὲ εὐαγγελιστάς, τοὺς δὲ ποιμένας καὶ διδασκάλους, πρὸς τὸν καταρτισμὸν τῶν ἁγίων, εἰς ἔργον διακονίας, εἰς οἰκοδομὴν τοῦ σώματος τοῦ Χριστοῦ· μέχρι καταντήσωμεν οἱ πάντες εἰς τὴν ἐνότητα τῆς πίστεως καὶ τῆς ἐπιγνώσεως τοῦ υἱοῦ τοῦ θεοῦ, εἰς ἄνδρα τέλειον, εἰς μέτρον ἡλικίας τοῦ πληρώματος τοῦ Χριστοῦ.

THE EPISTLE

*Let your mercy, O Lord, be upon us.
Verse: Rejoice in the Lord, O ye righteous.*

St. Paul's Letter to the Ephesians 4:7-13

BRETHREN, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (in saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

ΤΟ ΕΥΑΓΓΕΛΙΟΝ

Ἐκ τοῦ Κατὰ Ματθαῖον 4:12-17

Τῷ καιρῷ ἐκείνῳ, ἀκούσας δὲ ὁ Ἰησοῦς ὅτι Ἰωάννης παρεδόθη, ἀνεχώρησεν εἰς τὴν Γαλιλαίαν, καὶ καταλιπὼν τὴν Ναζαρέτ ἐλθὼν κατῴκησεν εἰς Καπερναοὺμ τὴν παραθαλασσίαν ἐν ὁρίοις Ζαβουλῶν καὶ Νεφθαλείμ, ἵνα πληρωθῇ τὸ ῥηθὲν διὰ Ἡσαΐου τοῦ προφήτου λέγοντος· γῆ Ζαβουλῶν καὶ γῆ Νεφθαλείμ, ὁδὸν θαλάσσης, πέραν τοῦ Ἰορδάνου, Γαλιλαία τῶν ἐθνῶν, ὁ λαὸς ὁ καθήμενος ἐν σκότειϊδε φῶς μέγα, καὶ τοῖς καθημένοις ἐν χώρα καὶ σκιᾷ θανάτου φῶς ἀνέτειλεν αὐτοῖς. Ἀπὸ τότε ἤρξατο ὁ Ἰησοῦς κηρῦσσειν καὶ λέγειν· μετανοεῖτε· ἤγγικε γὰρ ἡ βασιλεία τῶν οὐρανῶν.

THE HOLY GOSPEL

The Gospel According to Matthew 4:12-17

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles, the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

FASTING / ΝΗΣΤΕΙΑ

We return to our normal fasting schedule, refraining from meat and dairy products on Wednesday and Friday.

ANNOUNCEMENTS

HOLY TRINITY

THE ANNUAL TREASURE GENERATIONS appeal was sent out to the recently. Please consider a donation to Holy Trinity. None of us realizes the importance of a place like Holy Trinity until the need arises. Consider this: A sudden illness or injury can happen at any age. Studies have shown that everyone will experience a nursing facility in their lifetime, whether through a family member, a friend, or for themselves. 1 out of 4 individuals, or 25%, will need nursing services or rehabilitative care in their lifetime following a hospitalization. Moreover, the Commonwealth only covers 70% of costs for nursing home care. We must make up the difference. You may donate directly by phone or through our website: www.htnr.net/donate. *Help make Holy Trinity the kind of place that we know every home should be.*

Holy Trinity has an opening for the **DIRECTOR OF HUMAN RESOURCES**. If you are interested or know of someone who is, please contact **Jerry Shaffer**, the Administrator of Holy Trinity, at 508-852-1000.

DIVINE LITURGY is celebrated every Wednesday morning at 9:30am. And please always keep Holy Trinity Nursing Home, it's staff, directors, residents, and families in your prayers. And remember: you can always visit!

NEVER FORGET: Holy Trinity Nursing and Rehabilitation Center is an Orthodox Charity and relies on your donations to continue its mission of providing the best care possible.

BOOKSTORE

Great Christmas Gift for Those who have Everything!

Born to Hate, Reborn to Love, by Klaus Kenneth

A great story about a child whose mother, a famous actress, dislikes him {hates?} almost to the point of being "possessed". She turns her child over to a priest to care for who in turn abuses him sexually. This person grows to hate Christianity, becomes a rock musician, leads a debased life and finally seeks redemption in the religions of India and China and in passing meets Mother Theresa. This book reads at times like a tawdry novel, but it is not..It is a true story and will not disappoint you. The last chapter will blow you away!

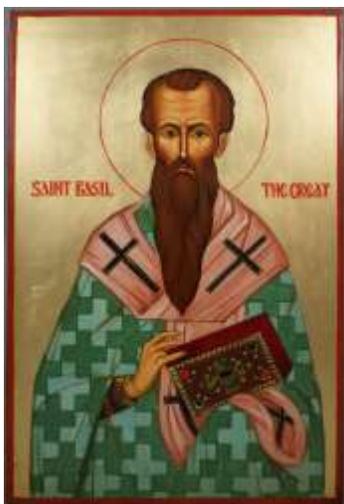
HOME BLESSINGS

It is traditional to invite your priest to bless your home and your family members, praying for good health and year full of blessings. Please be sure to call the Church Office to schedule your Home Blessing for 2019!

New Year 2019 Services

Sunday, Jan 13th	Sunday After Theophany: Orthros 8:30am, Divine Liturgy 9:45am
Thursday, Jan 17th	St. Anthony the Great: Orthros 8:30am, Divine Liturgy 9:30am
Friday, Jan 18th	St. Athanasios the Great: Orthros 8:30am, Divine Liturgy 9:30am
Sunday, Jan 20th	15th Sunday of Luke: Orthros 8:30am, Divine Liturgy 9:45am
Friday, Jan 25th	St. Gregory the Theologian: Orthros 8:30am, Divine Liturgy 9:30am
Sunday, Jan 27th	16th Sunday of Luke: Orthros 8:30am, Divine Liturgy 9:45am w/ Three Hierarchs Greek School Celebration & Artoklasia
Wed, January 30th	Three Hierarchs: Orthros 8:30am, Divine Liturgy 9:30am

Annual Vasilopita Cutting Ceremony



Be sure to join us in the auditorium following Divine Liturgy **today** for a special Vasilopita Cutting ceremony! Each ministry head will receive a piece, hoping to be the lucky one to find the coin!

This age old tradition began in the fourth century, when Saint Basil the Great, who was a bishop, wanted to distribute money to the poor in his Diocese. He wanted to preserve their dignity, so as not to look like charity, he commissioned some women to bake sweetened bread, in which he arranged to place gold coins. Thus the families in cutting the bread to nourish themselves, were pleasantly surprised to find the coins. This tradition continues today, with a blessing for good health and optimistic outlook on the new year.





Saint Spyridon Ladies Philoptochos Society

ANNUAL VASILOPITA LUNCHEON

SUNDAY JANUARY 13th

FOLLOWING THE DIVINE LITURGY



DONATION: \$25.00 for Adults

\$12.00 Children 10 & under

Roasted Chicken

Roasted Potatoes & Vegetables

Salad & Rolls

Coffee & Dessert

TODAY

Tickets will be available at the door

Be sure to join us as we celebrate the New Year

All proceeds benefit St. Basil's Academy



"To promote charitable, benevolent and philanthropic outreach to preserve the sanctity of life and family and to perpetuate and promote our Orthodox faith and traditions..."



MDC
METROPOLIS of BOSTON CAMP
MDC
2019 GOYA

Winter Camp

PRESIDENTS' DAY WEEKEND
FEBRUARY 15 - 18

Join Us For

FELLOWSHIP

WINTER ACTIVITIES

CULTURE

FAITH

CAMP WIDE
ACTIVITIES

CABIN SESSIONS



SUNDAY SKI OUTING TO PAT'S PEAK!

Register Today!

www.metropolisofbostoncamp.org

**Congratulations to our newly elected and sworn-in members of
the Parish Council for 2019!**

George Gourousis, *President*

Dean Alexandrou, *Vice President*

Nicholas Paleologos, *Treasurer*

Magdalini “Maggie” Moraitis, *Assistant Treasurer*

Sue Kika, *Secretary*

Anthony Drapos

George Fotos

Konstantinos Giannakis

Vasilios Gjinis

Aristotle “Telly” Kassos

Christina Mitkonis

George Panagiotopoulos

Arthur Pirperis

Mariana Vasilakeris



St. Spyridon Cathedral
Sunday School

Presents



Donuts with Daddy

&

Muffins with Mommy



"Donuts with Daddy" and "Muffins with Mommy" is an opportunity for you to spend time with your child and see what they are learning in Sunday School. Each week grades will alternate so parents have a chance to be with each of their children.

Schedule for the month of January/February with Daddy:

January 13 N1& N2, 6th and 7th grades

January 20 Kindergarten and 8th grades

February 3 2nd, 3rd and 9-12th grades

Have a wonderful time sharing this moment with your children!

NOTE: If dad is unable to attend, Grandfather or Godfather may attend with the student.

**Y O U N G
A D U L T
M I N I S T R Y**
**18 YEARS OF AGE AND OLDER
WHO ARE SINGLE**

This is a ministry whose primary focus is for the Young Adults of the Church, 18 years and older who are single. Here, you can meet, re-meet and have a good time getting to know one another and your faith, in a safe environment. We have refreshments, games, and discuss what we would like from the program. You can help us plan bowling nights, parties, retreats, movie nights, sports nights, and so much more! Don't be shy...come on by!

All meetings are held on Thursday nights at 6:30 p.m. in Founders Court.

Send us a friend request on *Facebook* at: *Young Orthodox Adults of Worcester*. Fill out the form below and send us your information. If you have any questions, please contact us.

Next meeting dates: Thursday, January 24th

Contact information:

Presvytera Flora Moraitis
presvfloram@gmail.com
631-742-3789 (cell)

Fr. Nicholas Livingston
fnicholas.livingston@gmail.com

ST SPYRIDON FEEDING MINISTRY

Our Mission: To provide nourishment that feeds one's physical, spiritual and emotional hunger through healthy fellowship.



The Feeding Ministry, with the help of our parish volunteers, is continuing to serve a luncheon meal for those in need on the second Saturday of every month from 11:30am-1pm in the Cotsidas Cultural Center.

February's luncheon (Saturday the 9th), is being donated anonymously. We'd like to thank all of our donors who support this important ministry.

We are currently looking for sponsors for upcoming months. If you would like to volunteer, sponsor a luncheon or make a donation (in honor or in memory of a loved one), please contact:

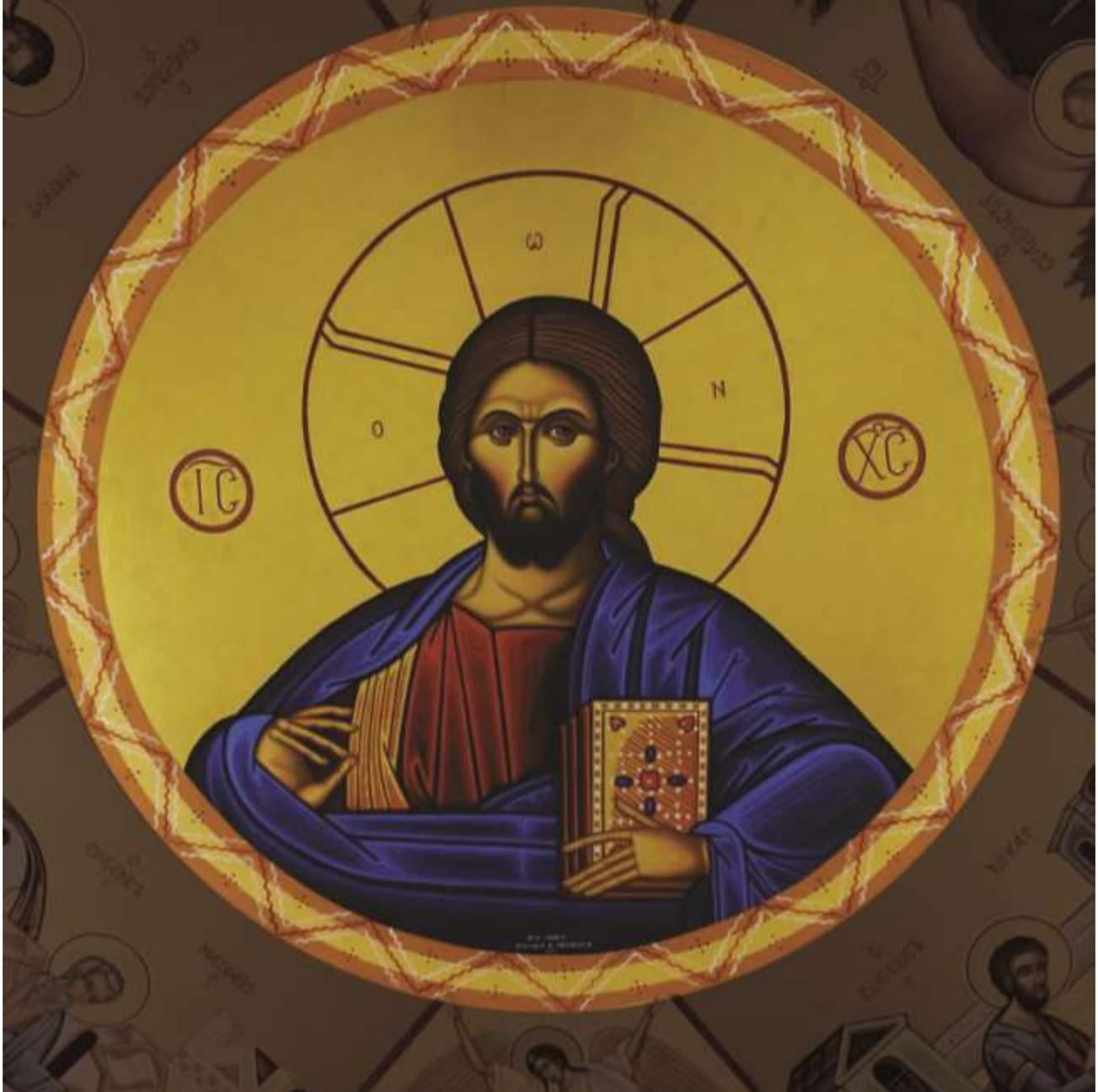
Savvas Fotiadis 508.873.9836

Maria Kassos- amkassos@townisp.com

Thank you,
St. Spyridon Feeding Ministry

Stewards of the Faith

All Things are Possible to the
One Who Believes in Christ



Stewardship is important!

Be sure to pick up your 2019 Stewardship Packet and prayerfully pledge to support our community.

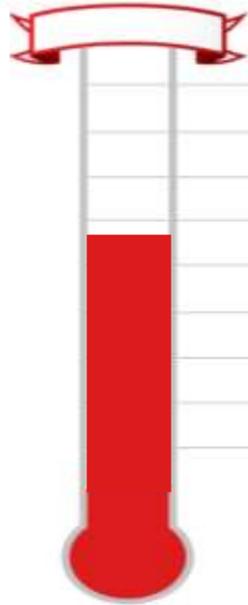


ST. SPYRIDON GREEK ORTHODOX CATHEDRAL BURN THE MORTGAGE CAMPAIGN

Family Center Renovation

Burn the Mortgage Committee

- Rev. Dr. Dimitrios Moraitis, *Dean*
- Demitrios Moschos, *Chairman*
- Georgia Parafestas, *Parish Council President & Co-Chair*
- Dr. Matthew Panagiotu, *Co-Chair*
- Janice Dionis
- Michael Dionis
- George Fotiades
- George Gourousis
- Celeste Moschos
- Nicholas Paleologos



\$1,450,000
Our goal

\$560,930.00
Pledged

\$413,671.00
Received

Thank You!

Burn the Mortgage Contribution Chart

3 Year Pledge Amount	Annually	Monthly
\$15,000	\$5,000	\$416
\$3,000	\$1,000	\$83
\$1,000	\$333	\$28

Total Cost of Family Center Renovation \$4,100,000
Total raised by our community during first fund drive \$2,650,000
Remaining Loan Balance to be paid \$800,042.00

**It's not too late to donate to the Burn the Mortgage Campaign!
The Angel Board construction honoring those who have contributed to these efforts is in process and will be in place soon!**

SPIRITUAL WEALTH THROUGH MATERIAL POVERTY!

We have all heard the saying that “money can’t buy happiness.” The life of **ST. PAUL OF THEBES** is a testimony to the truthfulness of that adage. St. Paul lived in Egypt during the reign of the Emperor Decius in the 3rd century. His parents were wealthy landowners, and when they died, Paul inherited a small fortune. Somehow, however, he became increasingly uncomfortable with the social surroundings he had been thrust into by virtue of his inheritance. Finally, at the tender age of 22, Paul forsook his entire estate and withdrew into the desolate desert region outside of Egypt to devote his life to God. He found a cave, where he lived his life in constant prayer and meditation. It is said that he sustained himself totally from the fruit of a tree and water from a small spring that existed near the entrance of his cave! Like the Prophet Elijah of the Old Testament, Paul was also provided with bread by ravens from time to time.

Paul lived this life of extreme asceticism for over 90 years! One of his few known visitors was St. Anthony the Great, who is commonly called the “Father of Eastern Monasticism.” After seeing this saintly man in his humble surroundings, St. Anthony returned to his monastery and proclaimed to his fellow monks: “**I HAVE SEEN ELIJAH. I HAVE SEEN JOHN IN THE DESERT. I HAVE SEEN PAUL IN PARADISE!**”

The sacred tradition of the Church tells us that when St. Anthony returned to visit his friend, he found that Paul had passed away in his familiar posture of prayer. He died as he lived: on his knees! He fell asleep in the Lord in the year 342 A.D. at the advanced age of 114.

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

2019 STEWARDSHIP REPORT

WEEK	2019 TOTAL	PLEDGES RECEIVED	AVERAGE \$ PER PLEDGE	*GOAL STEWARDSHIP BUDGET
2	\$ 11,450.00	28	\$409	\$300,000.00

Stewardship Total for 2018: \$281,726.20

*Goal amount includes the 2018 Stewardship Budget Receipts of \$310,000.00.

Funds reflect all monies received in 2018.

We suggest budgeting your Stewardship contribution as you would your monthly home expenses.

Our Cathedral must meet the financial needs of its ministries and annual operating budget by way of our Christian Stewardship Program. It is everyone’s responsibility to accept this honor and support our role as a Contributing Steward. Please pledge the Required Stewardship Contribution now, if you have not done so.

May God continue to bless the work of your hands.